

FY 2009 INCOME SUMMARY

County 708 Board	\$417,468
Office of Mental Health	\$1,168,036
DASA	\$129,324
Prevention	\$49,230
DCFS	\$19,654
Medicaid & SASS	\$154,687
Client Fees	\$198,255
Other	\$116,933

Total **\$2,253,587**

IHR operates on a \$2,285,272 budget. We were able to generate 8.8% of our income from client fees and insurance. State income (67.5% of total) was down because of cuts to all agencies. However, our county increased funding for child psychiatry. Continued state cuts will mandate a lower budget next year.

FY2009 PROGRAM EXPENSES

Mental Health	\$1,300,678
SASS	\$116,600
Psychiatric	\$203,727
CCRS	\$24,445
Crisis	\$182,635
Residential	\$70,557
Substance Abuse	\$318,803
Prevention	\$67,825

Total **\$2,285,270**

Psychiatrist expense increased with additional days of service. Because of state cuts, our expenses were \$31,685 over revenue. Management was able to keep insurance expense level.

EXECUTIVE SUMMARY

We just survived our most difficult budget year ever and still managed to serve 1,856 unduplicated clients, a new high. The recession and threat of our prison closure were very tough on our residents. Our crisis team responded very well to this challenge. State budget cuts to social services will dominate this year and we will need to find new, more stable, sources of funding to continue our programs. We appreciate your support and look forward to another successful year.

Joe Ronaldson
Executive Director

IHR BOARD OF DIRECTORS

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Lynne Cronin - Vice President

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Institute for Human Resources **Annual Report 2009**

The mission of the Institute for Human Resources (IHR) is to provide a continuum of quality recovery based mental health and substance abuse services ranging from education and prevention through treatment and aftercare for residents of Livingston County.

Institute for Human Resources
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PROGRAM OVERVIEW

PSYCHIATRIC SERVICES

We are very fortunate to have 3 consulting psychiatrists at IHR. They served 400 adults and 100 children this year. Thanks to funding from our county 708 Board, we now have child psychiatry 4 times a month, most rare in a county this size. These doctors team with our counselors, case managers and nurses to diagnose and treat any client who needs medication or a second opinion on diagnosis. Any client who is hospitalized gets an immediate follow up appointment with our doctors.

CRISIS RESPONSE

IHR is on call 24 hours a day, seven days a week to assist with emergency situations where a crisis counselor is needed. During this last year we served 440 crisis clients and helped hospitalize 68 clients into psychiatric units in hospitals. We provided mental health assessments at both the county jail and at St. James Hospital. Suicide assessment and intervention is the highest priority. This year we added a day-time crisis counselor for quicker and more efficient response. We are always available 24 times 7 for our county.

NEW PROGRAMS

Despite state budget cuts we were able to respond to community need and add 2 new programs this year. We now do groups for both men and women detainees at the county jail dealing with both mental health and substance abuse problems. We also began custody mediation at the request of our judges and completed mediations for 75 clients this year.

SUBSTANCE ABUSE PROGRAMS

During the last year, IHR has serviced over 400 clients in its Substance Abuse Department. We provide a variety of services to the community, including substance use evaluations, DUI evaluations and Updates, and Remedial Education for persons arrested for driving under the influence of alcohol or drugs. We also offer intensive outpatient, outpatient, early intervention, and aftercare programs for adults and outpatient and early intervention. Programs created specifically for adolescents. Both daytime and evening hours are available for all clients. Clients are typically referred by court, probation, work, school, DCFS, or are self-referred.

MENTAL HEALTH COUNSELING

IHR served 954 adults and 424 children this year, much more than ever before. Typical services were counseling for marital difficulties, family conflicts, child or adolescent behavior problems, anxiety and depression as well as fears and phobias. Emphasis is placed on short term counseling. Psychiatric consultation is also available. All services are confidential and fees are charged according to ability to pay. NO ONE will be denied services because of their inability to pay.

PSYCH REHAB SERVICES

These services are for clients who suffer from a severe and persistent mental illness. Most have had multiple hospital admissions in hospital psychiatric units as well as state institutions. We offer case management services, psychosocial rehabilitation services, supported residential services, community support and psychiatric consultation. 16 of 44 consumers past and present were involved in some work activity this year. Client state hospital days were reduced from 169 to 138. Our goal is to treat these clients in their home community rather than in hospitals and still give them a quality life despite their mental illness.